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Inflammatory Bowel Disease: Clinical Diagnosis and Treatment Guidelines

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Deadline for manuscript
submissions:

closed (1 February 2021)

Message from the Guest Editor

This Special Issue of *Medicina*, “Clinical Diagnosis and Treatment Guidelines”, aims to present recent interesting advances and challenging aspects in research in inflammatory bowel disease (IBD). The two main medical sub-types of IBD are believed to have a multifactorial etiopathogenesis, and no drugs are available for their cure. Despite advances in diagnostics and therapeutics modalities, clinicians often painstakingly face the inconclusive diagnosis of “indeterminate colitis” when the diagnostic elements for the identification of the two diseases are insufficient, which hinders the planning of an appropriate treatment and the establishment of a prognosis. This often causes inappropriate surgery, poor treatment outcomes, and unnecessary costs. This Special Issue will present current advances to solve diagnostics challenges and determine correct treatment regimens for IBD and will highlight future research directions in this field.



mdpi.com/si/51624

Special Issue



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Message from the Editor-in-Chief

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