



Obstructive Sleep Apnea: Epidemiology, Pathophysiology, and Management

Guest Editors:

Dr. Andrea de Vito

Head & Neck Department, Ear
Nose Throat (ENT) Unit, Santa
Maria delle Croci Hospital,
Romagna Health Company,
48121 Ravenna, Italy

Dr. Antonio M. Esquinas

Hospital Morales
Meseguer, Murcia, Spain

Dr. Nicola Vitulano

Cardiology Unit – Ente
Ecclesiastico Ospedale Generale
Regionale “F.Miulli”, Bari, Italy

Message from the Guest Editors

Obstructive sleep apnea (OSA) is the most frequent but underdiagnosed sleep-disordered breathing (SDB), with a prevalence of 2–4% in men and 1–2% in women of average age. OSA represents a risk factor for cardiovascular cerebrovascular, and metabolic disorders.

This Special Issue is focused on the updated data about the epidemiology, pathophysiology, diagnostic and therapeutic management of OSA, which could be useful in daily practice. Specific issues have been related to open questions in the field of OSA diagnosis and treatment, analyzing the most important technological advancements.

Deadline for manuscript
submissions:

closed (30 April 2023)





medicina



an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Edgaras Stankevičius

Medical Academy, Lithuanian
University of Health Sciences,
Kaunas, Lithuania

Message from the Editor-in-Chief

You are invited to contribute a research article or a comprehensive review for consideration and publication in *Medicina* (ISSN: 1648-9144). *Medicina* is an open access, peer-reviewed scientific journal that publishes original articles, critical reviews, research notes, and short communications on medicine. The scientific community and the general public can access the content free of charge as soon as it is published.

Author Benefits

Open Access: free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

High Visibility: indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [MEDLINE](#), [PMC](#), and [other databases](#).

Journal Rank: CiteScore - Q2 (*General Medicine*)

Contact Us

Medicina Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/medicina
medicina@mdpi.com