



Cardiovascular Risk Factors and Obesity

Guest Editors:

Dr. Sergio Rico-Martín

Department of Nursing, Nursing
and Occupational Therapy
College, University of
Extremadura, 10003 Cáceres,
Spain

**Prof. Dr. Julián Fernando
Calderón-García**

Department of Nursing, Nursing
and Occupational Therapy
College, University of
Extremadura, 10003 Cáceres,
Spain

Prof. Dr. Raúl Juárez-Vela

Group of Research in Care
(GRUPAC), Faculty of Health
Sciences, University of La Rioja,
26006 Logroño, Spain

Deadline for manuscript
submissions:

closed (30 October 2023)

Message from the Guest Editors

Cardiovascular disease (CVD), including coronary heart disease, cerebrovascular diseases, heart failure and peripheral artery disease. The most important behavioural risk factors of CVD are physical inactivity, unhealthy diet, tobacco and alcohol consumption, etc. The effects of behavioural risk factors may show up in individuals as hypertension, hyperglycaemia and hyperlipidaemia, as well as overweight and obesity, increasing the risk of a cardiovascular event.

On the other hand, obesity is associated with an increased risk for a number of established CVD risk factors. However, individuals with obesity or overweight may have a better prognosis than individuals in the normal weight range, presenting the phenomenon called the obesity paradox.

For this reason, further research is required to explain the possible associations between obesity and cardiovascular risk factors. In addition, new cardiovascular risk factors are emerging, but their possible relationships with obesity have not been established.

This Special Issue aims to encourage researchers to summarise the recent advances in clinical and pathological aspects related to cardiovascular risk factors and obesity.





medicina



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Prof. Dr. Edgaras Stankevičius

Medical Academy, Lithuanian
University of Health Sciences,
Kaunas, Lithuania

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Medicina Editorial Office
MDPI, St. Alban-Anlage 66
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