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## Nutrients and Dietary Supplements in Health and Disease

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Deadline for manuscript  
submissions:

**closed (22 December 2023)**

### Message from the Guest Editors

Nutrients and dietary supplements, no matter what form they are administered in, can have positive effects on both maintaining health, as well as in the prevention and treatment of many diseases. It is extremely important to understand their new mechanisms of action and to expand the knowledge about them. The task surrounding dietary supplementation is not the treatment of diseases, but supplementing the diet with deficient nutrients and bioactive compounds. However, consuming them might also have an adversary effect on health. It is related to their quality, the effects of their actions, and the interactions with other substances.

Therefore, there exists a need for scientific studies on the effect of nutrients and dietary supplements on the human body.

In this Special Issue, we invite manuscripts on broadly understood topics related to the impact of nutrients and dietary supplements on human health.



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# Special Issue



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## Message from the Editor-in-Chief

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