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Effects of Single or Multiple Lifestyle Behaviors on Human Health and Disease-Related Outcomes

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Deadline for manuscript submissions: closed (22 December 2023)

Message from the Guest Editor

Dear Colleagues,

For this Research Topic, we will explore the impact of single/multiple lifestyle behaviors on human health and disease. Complex research methods and approaches are needed to shed light on the complex effects of lifestyle behaviors on human health and disease, especially when behaviors interact. Original research and reviews, specifically critical or integrative ones, as well as systematic reviews and meta-analyses, are particularly welcome.

Potential contributions topics include (but are not limited to):

Epidemiology of lifestyle behaviors;

Infodemiology and infoveillance;

Digital behaviors;

Effects of diet on health- and disease-related outcomes;

Effects of physical activity on health- and disease-related outcomes;

Dose-response relationship;

Neurobehavioral markers of lifestyle behaviors;

Neurobehavioral medicine.





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Message from the Editor-in-Chief

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