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Personalized Medicine in Hypertension

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Message from the Guest Editors

Dear Colleagues,

High blood pressure is still the leading risk factor for death and disability worldwide. Patients at high cardiovascular risk require intensive drug therapy for controlling blood pressure and other risk factors. The current therapeutic approach is based on the results of several clinical trials, assuming that subjects have common phenotypes and following algorithms derived from large population studies. This "one size fits all" approach improved hypertension control in the general population, requiring little or no information about individuals, and requires low medical investment. While this is the case, hypertension control is far from being satisfactory globally, and other strategies are required for its management. A personalized approach to hypertension is based on information that integrates data clinical research, systems from biology, 'omics' technologies, imaging findings, and e-technology, together with a patient's involvement in clinical care. This could knowledge implement of the specific disease pathophysiology of patients and peculiar responses to treatment



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Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM; ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. JPM publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, 'omics association analysis). JPM is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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