



The Path to Personalized Pain Management

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Message from the Guest Editors

The Path to Personalized Pain Management is evolving. New technology is expanding, ongoing, and changing established clinical surgical criteria, validated by meta-analysis and peer-reviewed publications, with eventual global acceptance.

The intervertebral disc is the initial primary surgical source of pain in the cervical, thoracic, and lumbar spine, which can be readily confirmed with diagnostic and therapeutic injections. Soft tissue trauma will usually heal with time, but surgical pain care can speed up recovery. Successful surgical clinical outcomes can be personalized and achieved with the endoscopic visualization of pain generators, with patient verbal intraoperative feedback, on par with open or microsurgical decompression, but with less surgical morbidity.

The future of personalized pain management is to focus on personal pain care and patient selection based on individual patient needs.





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Message from the Editor-in-Chief

Journal of Personalized Medicine (JPM; ISSN 2075-4426) is an international, open access journal aimed at bringing all aspects of personalized medicine to one platform. *JPM* publishes cutting edge, innovative preclinical and translational scientific research and technologies related to personalized medicine (e.g., precision medicine, pharmacogenomics/proteomics, systems biology, ‘omics association analysis). *JPM* is covered in Scopus, the Science Citation Index Expanded (SCIE), PubMed, PMC, Embase, and other databases.

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