



## Mild Cognitive Impairment

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### Message from the Guest Editors

Dear Colleagues,

The American Academy of Neurology updated its practice guidelines on mild cognitive impairment (MCI) in December 2017. The guideline panel recommended the following research: 1) the use of consistent diagnostic criteria for MCI and dementia in clinical trials 2) the inclusion of patient cohorts with specific biomarker data in treatment studies targeted at specific pathologies 3) the use of outcome measures that are direct measures of clinically meaningful patient outcomes 4) study of early lifestyle and comorbidity modifications and the effects of such changes on the progression of MCI to different dementia subtypes.

This Special Issue summarizes the recent understanding of diagnostic criteria for MCI and dementia, specific biomarker of MCI, outcomes in clinical trials, modifiable factor of reversion from MCI to cognitive normal, and update evidence of clinical trials in MCI.

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