



Advances in Perioperative Care: Challenges and Perspectives in Enhanced Recovery after Surgery, Perioperative Optimization and Prehabilitation

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Message from the Guest Editors

The field of perioperative care has undergone a real revolution over the last 25 years. The rapid spread of enhanced perioperative recovery pathways at first, and later of prehabilitation, has revolutionized the rules of management of patients scheduled for surgery. Despite this, the implementation of such strategies in many centers is suboptimal, and there are still many issues on which evidence is lacking.

The aim of this Special Issue is to serve as a forum to critically address the most relevant and, above all, some of the most unexplored aspects of perioperative medicine, from education, strategies for implementation, maintenance, possible areas for future improvement, and, most importantly, the long-term outcomes and patient-reported outcome measures.

Priority is given to high-quality, original studies, but well-designed and conducted systematic reviews (with or without a meta-analysis) are welcome. In summary, the Special Issue aims to increase clinicians' knowledge of poorly explored areas of perioperative care, as well as to provide a balanced, sound, and evidence-based overview of the advances and potential perspectives in the field.





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