



an Open Access Journal by MDPI

## Advances in Asthma

Guest Editors:

**Dr. Gianenrico Senna**

Department of Internal Medicine,  
University of Verona, 37100  
Verona, Italy

**Dr. Hiroki Kabata**

Department of Internal Medicine  
(Pulmonary Medicine), Keio  
University School of Medicine,  
Tokyo 160-0016, Japan

**Dr. Marco Caminati**

Department of Medicine,  
University of Verona, Verona  
University Hospital, 37134  
Verona, Italy

Deadline for manuscript  
submissions:

**closed (25 April 2023)**

### Message from the Guest Editors

Dear Colleagues,

Bronchial asthma is currently a very intriguing topic. The definition of several different endotypes/phenotypes has led to a more personalized approach, mainly based on different types of biologic inflammation. The development of many biologics has been a great step forward in the treatment of severe asthma, leading to a significant reduction of exacerbations and the use of oral steroids. However, from unsuccessful cases we are learning the need for more specific biomarkers and the careful clinical evaluation of each individual case. Moreover, despite the availability of very effective drugs for any level of severity, the lack of asthma control is still a major problem in the management of the disease. The support of digital medicine, as well as easier schedules of treatment, would increase the low adherence to the treatment. In summary, the management of asthma is still a “work in progress” despite the significant progress that has been made in its pharmacological treatment.



[mdpi.com/si/98199](https://mdpi.com/si/98199)

Special Issue



an Open Access Journal by MDPI

## Editors-in-Chief

### Prof. Dr. Emmanuel Andrès

Internal Medicine Department,  
University Hospital Strasbourg,  
67000 Strasbourg, France

### Prof. Dr. Kent Doi

Department of Emergency and  
Critical Care Medicine, University  
of Tokyo, Tokyo 113-8655, Japan

## Message from the Editorial Board

There has been an explosion of gene and target based research and therapeutics in the multitude of fields that compose clinical medicine. The *Journal of Clinical Medicine's (JCM)* staff and editorial board are dedicated to providing cutting edge, timely, and peer-reviewed articles covering the diverse subspecialties of clinical medicine. The journal publishes concise, innovative, and exciting research articles as well as clinically significant articles and reviews that are pertinent to the myriad of disciplines within medicine. The articles published are relevant to both primary care physicians and specialists. The journal's full-texts are archived in PubMed Central and indexed in PubMed. Please consider submitting your manuscripts for publication to our journal and check us out on-line!

## Author Benefits

**Open Access:** free for readers, with article processing charges (APC) paid by authors or their institutions.

**High Visibility:** indexed within Scopus, SCIE (Web of Science), PubMed, PMC, Embase, CAPlus / SciFinder, and other databases.

**Journal Rank:** JCR - Q2 (*Medicine, General & Internal*) / CiteScore - Q1 (General Medicine)

## Contact Us

---

*Journal of Clinical Medicine* Editorial  
Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/jcm](http://mdpi.com/journal/jcm)  
[jcm@mdpi.com](mailto:jcm@mdpi.com)  
[X@JCM\\_MDPI](https://twitter.com/JCM_MDPI)