



Eating Disorders: Current Epidemiology and Advances in the Diagnosis and Treatment

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Message from the Guest Editor

Dear Colleagues,

Eating disorders represent a multifaceted challenge affecting individuals across various sociocultural contexts and age groups, primarily impacting adolescents and young adults, and carrying significant implications for both physical and mental health, as well as broader societal impacts.

Understanding the prevalence and distribution of eating disorders is essential for developing strategies to address them in public health and clinical settings. Therefore, we encourage research that delves into the epidemiology of eating disorders and their social and lifestyle determinants, aiming to characterize their prevalence and related factors across diverse sociocultural contexts and age groups.

Moreover, we seek contributions that emphasize a comprehensive approach to the diagnosis and treatment of eating disorders. This includes systematic reviews and studies focusing on screening methods to enhance early detection and intervention by healthcare providers. Additionally, we welcome research proposing and evaluating non-pharmacological strategies for prevention, alongside alternative pharmacological treatments.





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