



Physical Exercise and Sport in Prevention and Treatment of Children and Adolescents Diseases

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Message from the Guest Editor

The autonomic nervous system (ANS) is a division of the peripheral nervous system that supplies internal organs, smooth muscle and glands. It acts largely unconsciously and regulates bodily functions, such as the heart rate, its force of contraction, digestion, respiratory rate, pupillary response, urination, and sexual arousal. Autonomic neuropathy occurs when there is damage to the nerves that control automatic body functions. It can affect blood pressure, temperature control, digestion, bladder function and even sexual function. Autonomic nervous system disorders can occur alone or as the result of another disease, such as Parkinson's disease, alcoholism and diabetes. Problems can affect either part of the system, as in complex regional pain syndromes, or the entire system. Some types are temporary, but many worsen over time. When these issues affect one's breathing or heart function, these disorders can be life-threatening.

The aim of the present Special Issue is to collect reviews and original research articles that will provide updates and future perspectives about ANS in different clinical medicine settings.





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