



Mood Disorders: Diagnosis, Management and Future Opportunities

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Message from the Guest Editor

Dear Colleagues,

Over the last decade, the World Health Organization has reported a 13% increase in mental health problems, primarily mood disorders in adolescents and young adults, increasing suicidal thoughts and other suicide-related outcomes. In parallel, there have been important advances in the pharmacology, psychotherapy and neurobiology of mood disorders, improving their diagnosis and treatment.

New perspectives take into account sex differences, comorbidity, risk and protective factors, the transdiagnostic approach, the effects of digital media, and even genomic and epigenetic changes.

This Special Issue aims to expand the information on advances in the diagnosis and treatment of mood disorders, with a special interest in the most recent perspectives.

The topics of interest for publication include, among others, advances in diagnosis and clinical tools, as well as the treatment of these disorders from an integrative, biopsychosocial perspective.

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