



## Clinical Advances in Bariatric Surgery

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### Message from the Guest Editor

Bariatric surgery has been acknowledged as a treatment method for morbid obesity for several decades, and various techniques have been continually developed. It is the only method that allows for long-term, lasting weight loss and remission of comorbidities. Techniques vary from more invasive reconstructions of the gastrointestinal tract, such as classic biliopancreatic diversion or novel single anastomosis sleeve-ileum bypass, to less invasive methods, such as sleeve gastrectomy, or even endoscopic procedures, such as gastric plication. The science behind how bariatric surgery affects weight loss is also evolving, with evidence showing that the mechanism behind it is not only affected by food restriction or malabsorption, but also by hormonal changes. The indications for weight loss surgery have also changed over the years, with the most recent guidelines of the IFSO making them even wider. The pace at which this particular field of medicine is developing is astounding, and clinical advances in bariatric surgery can be observed every day. In this Special Issue, we welcome papers which show how bariatric surgery is changing today.





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