



Extensive Approach to Atrial Fibrillation: Background and Future Perspectives

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Message from the Guest Editors

Dear Colleagues,

This Special Issue is focused on atrial fibrillation, aiming to assess the complex interactions between prevention, prognostic and metabolic markers and therapies of atrial fibrillation (AF) from a comprehensive point of view. AF management cannot be limited to stroke prevention by anticoagulants and rhythm/rate control by drugs and/or transcatheter ablation. Increasing evidence has demonstrated the importance of a more extensive management and international guidelines have highlighted the importance of comorbidities optimization and risk factors management to improve symptoms and to reduce AF burden and complications. The final goal is to slow disease progression or even, ideally, avoid AF. On top of well-known factors, new parameters such as alcohol consumption, physical activity, social stress, lipid profile, diabetes, obstructive sleep apnea, and genetics are emerging. In this Special Issue we are aiming to collect articles focusing on comprehensive approaches to AF. Moreover, we seek scientific works which transfer this knowledge in therapeutic actions, overcoming the standard electrophysiological management of AF.

