



## Nutrigenomics of Risk Factors for Disease

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### Message from the Guest Editor

Dear Colleagues,

Over the past two decades, the focus of nutrition has shifted from traditional epidemiological approaches of investigating the effects of diet on general population health towards a better understanding of the main processes through which dietary components regulate biological functions. The completion of the human genome project revealed significant individual and population differences in response to diets that now need to be seriously considered when new nutritional strategies are to be developed. The new era of nutrition (nutrigenomics) became of particular importance when applied to the increased global epidemics of predominantly diet related diseases. Another important aspect of modern nutrition is to develop personalized diets and this great concept has yet to be fully developed.

This Special Issue, "Nutrigenomics of Risk Factors for Disease", will focus on the nutrigenomic role of diet in development and prevention of chronic diseases.

Prof. Dr. Marica Bakovic  
*Guest Editor*





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