



Genetic Markers in Sleep Disorders

Guest Editor:

Prof. Dr. Abdelnaby Khalyfa

Department of Child Health,
Medical School, University of
Missouri, Columbia, MO, USA

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Message from the Guest Editor

Sleep is a fundamental physiological process with important restorative functions that are essential for optimal day-time functioning. Insufficient or poor-quality sleep has been associated with neurocognitive impairments, end-organ dysfunction, and chronic health conditions.

The proposal of this Special Issue is to understand and to identify a genetic marker that may contribute to sleep disorders in both adults and children and is gained either from singular or multiple markers. The information obtained by such a non a priori approach offers an extraordinary opportunity to fully characterize biological processes in terms of pathophysiology and health outcomes.





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Editor-in-Chief

Prof. Dr. Maurizio Battino

Department of
Odontostomatologic and
Specialized Clinical Sciences,
Sez-Biochimica, Faculty of
Medicine, Università Politecnica
delle Marche, Via Ranieri 65,
60100 Ancona, Italy

Message from the Editor-in-Chief

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MDPI, St. Alban-Anlage 66
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