



Plant-Sourced Functional and Bioactive Compounds—Nature's Blueprint for Improving Human Well-Being

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Message from the Guest Editors

Dear Colleagues,

Plants are an inexhaustible object of scientific research, as evidenced by the strong interest in them for decades, and are still an interesting resource for bioactive substances and opportunities to potentially improve human life. Of course, a range of molecular research on potential hazards should also be conducted so that people can confidently turn to nature's products as a source of real solutions to improve, maintain and protect health.

In this regard, researchers are strongly encouraged to submit their work in our current special issue on “Plant-Sourced Functional and Bioactive Compounds—Nature's Blueprint for Improving Human Well-Being” and to expand the range of data available in reviews or research studies.

Please note: papers describing the effects of mixed extraction from natural origin and substances without clear ingredients, such as complex prescriptions, crude extracts, and herbal mixtures, do not fall within the scope of *IJMS*.





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Message from the Editor-in-Chief

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