



## Nutrients and Natural Agents as Drug Leads for Product Development

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### Message from the Guest Editors

Dear Colleagues,

Demographic transition and stress pose great challenges to society and the scientific community; however, they can be addressed by research on nutrients and natural agents as leading drugs in product development to enable sufficient healthcare. Aging and stress are currently reported to be the dominant risk factors for many degenerative disorders and diseases. Drugs that are well tolerated and safe for use are urgently needed. Nature is an inspiration to the development of potent nutraceuticals and pharmaceuticals that can be consumed for prolonged periods of time without serious side effects. This Special Issue focuses on new developments in the field that target the decisive molecular mechanisms and mediators of human life and health span. Drug discovery and drug development can be based on nutrients and natural agents that have been demonstrated to exert beneficial effects on human health and fitness. Original research articles and reviews are welcome; they should cover the current research areas, including but not limited to the development of food, foods for specific purposes, novel foods, nutraceuticals, and drugs.

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