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# Walkable Neighborhoods: The Link between Public Health, Urban Design, and Transportation

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# **Message from the Guest Editors**

It is now widely recognized that individual-based motivational interventions alone are not sufficient to address the global pandemic of physical inactivity (lack of exercise and too much sitting time). There has been a growing interest in the role of the physical built environment on people's active behaviors. fundamental assumption is that surrounding physical environment can support active behaviors among a large number of people with long-term effects. This topic has received much attentions over the last decade, mainly in three fields of public health, urban design, and transportation.

This Special Issue aims to provide a multidisciplinary and evidence-based state-of-the-art on how *where* people live impact their active behaviors and health outcomes. For the purpose of this Special Issue, the focus is on the "physical" (not social) aspect of the built environment at the spatial scales of public open spaces, neighborhoods and cities (not buildings/workplaces).









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# Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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