



Primary Care and Public Health

Guest Editor:

Prof. Dr. Cristina González-Martin

1. Rheumatology and Health Research Group, Department of Health Sciences, Faculty of Nursing and Podiatry, Esteiro, Universidade da Coruña, 15403 Ferrol, Spain
2. Nursing and Health Care Research Group, Instituto de Investigación Biomédica de A Coruña (INIBIC), Xubias de Arriba 84, 15006 A Coruña, Spain

Deadline for manuscript submissions:

closed (30 March 2023)

Message from the Guest Editor

We would like to address some of the health problems that society faces by joining forces with experts in the field focused on different health specialties. It is important to unify specialists for the benefit of patients' health in a way that has a direct impact on improving their quality of life.

Aging, multiple pathologies, and dependence excessively impact patients' health and quality of life.

Good nutrition has been shown to promote health and prevent disease. The endocrine system regulates many of the most important functions of the human body, and any alteration can have serious consequences on the health of the individual. Thus, we should encourage the establishment of habits oriented towards the health, survival, and well-being of the individual.

Communication between different healthcare professionals will have a direct impact on patient satisfaction and adherence to treatment and will generally yield better results in the healthcare model of the future.

We hope that these articles are of interest and serve as a reference and inspiration for the development of initiatives that promote the care and improvement of patients' quality of life.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)