



## **Physical Education, Physical Activity and Health Promotion in Children and Adolescence**

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Deadline for manuscript  
submissions:

**closed (25 June 2023)**

### **Message from the Guest Editors**

Adequate physical education programs should develop motor competence by fostering an individual's awareness, self-perception, and autonomous motivation in a realistic scenario in an attempt to counteract potential health-related negative effects, which also extend to the psychological sphere. Of note, in children and adolescents, a better knowledge of movement skills contributes to promoting the continuity of physical activity across the lifespan.

Therefore, the scope of the current Special Issue is to advance knowledge on the development of physical education programs focusing on physical activity and health promotion in children and adolescents. All types of manuscripts are appreciated, especially those regarding the following areas:

- Teaching styles (physical education, physical activities, sport)
- Actual and perceived motor competence
- Product- and process-oriented assessments
- Physical literacy (including affective, behavioural, physical, and cognitive domains)
- Teaching–learning process in physical education and physical activities.





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## Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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