



Obstetrics-Gynecology and Women's Health

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Message from the Guest Editors

Dear Colleagues,

First, use of the appropriate techniques to make the patient as comfortable as possible during the first pelvic examination is key to establishing a long-term relationship with this age group. Moreover, preventive health in this patient population is key, and practitioners should become comfortable with providing education about topics as diverse as sexuality, eating disorders, and dating violence.

On the other hand, perinatal medicine of young patients with an emphasis on the methods of labour pain relief brings lots of health challenges as well.

In young women, menstruation disorders become the most common complaint requiring the attention of the gynecologist. Polycystic ovarian syndrome can develop in early puberty and carry its consequences into adulthood. Infertility, diabetes, and hirsutism mark the most important components of the syndrome and require age-appropriate management. Finally, the consequences of endometriosis on the future fertility of adolescents have brought early intervention to light.

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Message from the Editor-in-Chief

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