



Community Nutrition, Physical Activity and Health Promotion: Current Perspectives in Public Health Nutrition

Guest Editors:

Prof. Dr. Carmen Pérez-Rodrigo

Department of Physiology,
Faculty of Medicine, University of
the Basque Country (UPV/EHU),
48940 Leioa, Vizcaya, Spain

Prof. Dr. Javier Aranceta-Bartrina

Spanish Society of Community
Nutrition, Royal Academy of
Medicine of the Basque Country,
48008 Bilbao, Spain

Deadline for manuscript
submissions:

closed (30 September 2019)

Message from the Guest Editors

Currently, most societies face the challenge of the growing burden of chronic diseases in aging populations. Moreover, several regions bear the dual burden of over and malnutrition. In this context, nutrition and physical activity are central to all strategies and policies for prevention and support for the management of these problems, both at the individual and community level; considering multiple approaches, scopes and levels of action; involving the main actors, key sectors and stakeholders; looking for participation strategies at the local and community level.

We often live in plural, multicultural societies, in which many people migrate to other places moved by armed conflicts, persecution, disasters and catastrophes, socio-economic or occupational purposes or for any other reason. The reality is that these people undergo food transitions that can pose added risks.





an Open Access Journal by MDPI

Editor-in-Chief

Prof. Dr. Paul B. Tchounwou

RCMI Center for Urban Health
Disparities Research and
Innovation, Richard Dixon
Research Center, Morgan State
University, 1700 E. Cold Spring
Lane, Baltimore, MD 21251, USA

Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

Author Benefits

Open Access: free for readers, with article processing charges (APC) paid by authors or their institutions.

High Visibility: indexed within Scopus, PubMed, MEDLINE, PMC, Embase, GEOBASE, CAPus / SciFinder, and other databases.

Journal Rank: CiteScore - Q1 (*Public Health, Environmental and Occupational Health*)

Contact Us

*International Journal of
Environmental Research and Public
Health* Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
www.mdpi.com

mdpi.com/journal/ijerph
ijerph@mdpi.com
[X@IJERPH_MDPI](https://twitter.com/IJERPH_MDPI)