



Overview of Maternal and Child Nutrition: A Cross-Disciplinary Update

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Message from the Guest Editor

Contemporary environmental changes and a diversity of socio-cultural contexts shift maternal nutrition and lifestyles that impact women and offspring health. This Special Issue is aimed at providing an overview of current advances on nutritional interventions and an updated synthesis of the evidence to shed light on promising high-health-impact orientations. Therefore, reviews, meta-analyses, umbrella reviews, and original research articles using quantitative and qualitative methods are welcome.

Suggested topics include but are not restricted to: effects on maternal, fetal, newborn and child health outcomes; quality of diet; diet patterns or nutrient combinations; nutritional interventions based on supplements; dietary balance during pregnancy; deprivation index; women's health and lifestyles discourses; and risk perceptions and attitudes towards nutrition during pregnancy.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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