



Natural Experience of Urban Park and Forest Contributes to Preventive Medicine such as Lifestyle-related Diseases and Depression

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Deadline for manuscript
submissions:

closed (31 January 2022)

Message from the Guest Editor

Progress in research on the effects of the natural environment like urban parks or forests on human health has been remarkable in the past 10 years, with recent research integration of medicine and other fields making progress in natural medicine. Aging, lifestyle-related diseases, and mental health problems are important in most countries around the world, and there are great expectations regarding the role of the physiological effects of natural environment in helping to prevent them. This Special Issue focuses on the role that natural environments in parks and forests play in preventive medicine.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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