



Obesity and Type 2 Diabetes as a Global Challenge

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Message from the Guest Editor

Dear Colleagues,

Obesity and diabetes are two complex and multifactorial diseases deemed major public-health issues, with alarmingly increasing rates globally.

Moreover, T2D and obesity are closely related. Both are associated with a higher risk of several cardiometabolic diseases and certain cancers, which comes at a considerable cost in terms of morbidity and mortality.

Lifestyle interventions, current pharmacotherapeutic options, and metabolic/bariatric surgery are the cornerstones of treatment strategies. However, sustainable and long-term effects are not always achieved, especially when one intervention is used. Therefore, additional research is needed to improve patient care, health, adherence, and treatment outcomes.

The continuing rise in obesity and diabetes and the magnitude of negative impacts on people's health status and quality of life have highlighted the fundamental need to elucidate further the underlying mechanisms and have inspired the investigation of a diverse array of approaches to improve the armamentarium of strategies for obesity and diabetes prevention and health care.

Papers addressing these topics are invited for this Special Issue.





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Message from the Editor-in-Chief

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