



Muscle Strength and Fall Prevention

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submissions:

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Message from the Guest Editors

Dear Colleagues,

We are pleased to announce that the upcoming Special Issue of the International Journal of Environmental Research and Public Health will be titled "Muscle Strength and Fall Prevention".

Consequences of falls are known to bring about a plethora of health concerns and increased health-care cost for older adults, exploring whether and how muscle strength and functional mobility affect on risk of falls. The prevention and treatment of risk of falls require a multifactorial approach, including lifestyle interventions, among which physical exercise and diet have a very important role. This Special Issue of the International Journal of Environmental Research and Public Health (IJERPH) will focus on the current state of knowledge on the links between muscle strength and fall risk in older adults. New research papers, reviews, case reports and conference papers are welcome. Papers dealing with new approaches to muscle strength and fall risk management are also invited. Other manuscript types accepted include methodological papers, position papers, brief reports and commentaries.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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