



Exploring Clinical Outcomes in Diabetes Patients

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Message from the Guest Editors

Diabetes has reached worldwide epidemic proportions. According to the International Diabetes Federation in 2019, approximately 837 million people were either living with diabetes (436 million adults) or were at increased risk for developing type 2 diabetes (347 million). Moreover, treatment costs continue to rise at an alarming trajectory, especially those associated with managing macro- and microvascular diabetes complications. In the last few decades, numerous studies have demonstrated that glycemic control can prevent or delay onset of diabetes, or associated eye, kidney, amputations, heart attacks, and strokes associated with diabetes. Healthcare providers, including physician extenders (i.e., pharmacists, nurses, nurse practitioners, physician assistants, certified diabetes care and education specialists, dietitians, physiotherapists), are instrumental in educating and helping patients to achieve their personalized glycemic goals. This Special Issue offers the opportunity to share best practices of how to achieve successful clinical outcomes, improving treatment control in patients with type 2 diabetes.





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Message from the Editor-in-Chief

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