



Sexual Health and Sexual Behavior in the 21st Century

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Message from the Guest Editor

Dear Colleagues,

The concept of sexual health no longer refers only to the absence of pathology or dysfunction, but to the presence of a good attitude on a psychological and relational level toward sex.

Sexual health requires a positive and respectful approach to sexuality and sexual relationships, as well as the possibility of having pleasurable and safe sexual experiences, free from coercion, discrimination, and violence. To achieve and maintain sexual health, the sexual rights of every human being must be respected, protected, and fulfilled.

Unfortunately, sexual rights are not always respected, and while there has been a broader openness with respect to sexuality in recent years in many parts of Europe, one key part is missing: sex education.

"Sex education" means learning relative to the cognitive, emotional, social, relational, and physical aspects of sexuality. It begins early in childhood and continues throughout adolescence and adult life.

Modern society lacks the necessary knowledge, especially when there is a need for complex and technical information (such as that concerning contraception or how sexually transmitted infections are transmitted).





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Message from the Editor-in-Chief

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