



Study on Diet, Nutrition and Health Promotion Strategies to Prevent Chronic Diseases in All Life Stages

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Message from the Guest Editor

Forty million deaths around the globe are annually attributed to non-communicable chronic diseases (NCDs). There is longstanding recognition that diet plays a major role in the etiology of many chronic diseases. For instance, estimates show that 80% of the most frequent chronic disease, i.e., cardiovascular disease (CVD), is preventable earlier in life if a healthier lifestyle is adopted. In view of the magnitude of the disease burden attributable to diet and the limitations of the existing interventions, the development of novel food system interventions is urgently needed.

The scope of this Special Issue is to select original research articles or systematic reviews that connect nutrition with major chronic diseases, with a focus oriented towards health promotion strategies in the field of primary care.

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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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