



The Mechanisms and Interventions of Diabetes and Comorbidities

Guest Editor:

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Message from the Guest Editor

Dear Colleagues,

Because of its high prevalence and health and social impact, diabetes is one of the chronic diseases in which it is essential to identify clinical actions that provide the greatest possible added value, with the ultimate aim of improving the quality of care. In addition, diabetes is very often accompanied, causally related or aggravated by other chronic health conditions such as obesity and overweight or cardiovascular disease.

Mortality, hospitalization and secondary complication events are very frequent, and can be reduced by interventions based on patient education, self-care training and management of the derived complications. All these interventions pose major challenges for healthcare professionals.

Potential topics include, but are not limited to: Diabetes risk factors; diabetic patient assessment; diabetic education programs to promote patient autonomy; adherence and compliance to the therapeutic regimen; diet and physical exercise; self-analysis and self-monitoring; management of hypoglycemia and hyperglycemia; management of diabetes complications; control and follow-up of comorbidities; psycho-social and/or family support to the diabetic patient.





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Message from the Editor-in-Chief

Addressing the environmental and public health challenges requires engagement and collaboration among clinicians and public health researchers. Discovery and advances in this research field play a critical role in providing a scientific basis for decision-making toward control and prevention of human diseases, especially the illnesses that are induced from environmental exposure to health hazards. *IJERPH* provides a forum for discussion of discoveries and knowledge in these multidisciplinary fields. Please consider publishing your research in this high quality, peer-reviewed, open access journal.

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