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The Role of Physical Therapy in Pain Management and Pain Relief

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Message from the Guest Editor

Pain management and pain relief are among the key determinants of successful physical therapy care of many neuromusculoskeletal conditions. However, several interactions seem to exist between the pain experience magnitude and duration, the associated self-reported and functional disability recorded, and patients' psychosocial state. Therefore, several issues arise in the rehabilitation of pain-related conditions from the diagnostic point of view to the management strategies available. Acute and chronic pain conditions may require different management strategies. This Special Issue focuses on delineating recent research findings in physical therapy as a conservative method available in the assessment and management of several pain conditions. Within the remit of this Special Issue, different exercise approaches, manual therapy techniques, electrophysical modalities, soft tissue techniques, motor and mental imagery strategies, psychologically based approaches, ergonomic and load management programs can be included.



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Special Issue



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Message from the Editor-in-Chief

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