



## Psychological and Cognitive Well-Being: Prevention, Risk Factors and Planned Intervention throughout the Lifespan

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### Message from the Guest Editors

It is our pleasure to introduce this *Healthcare* Special Issue entitled “Psychological and Cognitive Well-Being: Prevention, Risk Factors and Planned Intervention throughout the Lifespan”.

Studies investigating these variables and their relationships, or the underlying psychophysiological processes, are of relevance for this Special Issue. Studies can thus encompass, but are not limited to, the following:

1. Preventive or risk factors for cognitive and psychological wellbeing.
2. The relationship between well-being and different genetic, psychological, cognitive and clinical variables.
3. Intervention studies aimed at enhancing cognitive or psychological well-being.
4. Neuroscientific approaches to investigate mechanisms related to CR or brain resilience, including behavioral, structural (volume; white matter tract integrity) or functional (resting-state or activation fMRI studies, metabolism) imaging studies.





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## Message from the Editor-in-Chief

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