



## The Role of Nutrition in Healthcare

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### **Message from the Guest Editors**

Dear Colleagues,

Poor nutrition is the leading cause of mortality worldwide. Nutrition is a modifiable risk factor for acute and chronic disease that is influenced by each of the determinants of health, including health services. Nutrition plays an important role in health promotion, disease prevention, treatment and rehabilitation. As such, it should be considered at all levels of healthcare. The practical implementation of high-quality nutrition services in healthcare may be influenced by a number of factors, including policy, resources and evidence-based guidelines.

The scope of this Special Issue is to publish research exploring the association between nutrition and disease, studies evaluating nutrition as a treatment for disease, and studies describing and evaluating the practical implementation of nutrition strategies at all levels of healthcare. We welcome original research articles reporting results from observational and experimental studies, as well as reviews and meta-analyses.

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