Advances in Telerehabilitation for Optimising Recovery

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Message from the Guest Editors

The COVID-19 pandemic has fundamentally changed how the world approaches everyday life and service delivery, including healthcare. Telerehabilitation has been used for decades to facilitate access to services, especially in countries where healthcare teams have limited access to specialist services. However, it was the COVID-19 pandemic that highlighted the potential of telerehabilitation, providing a leap forwards in its use in optimising clinical outcomes.

This Special Issue, dedicated to telerehabilitation, will focus on the provision of rehabilitation using telehealth technologies as its central theme, with a specific focus on optimising recovery from a range of clinical conditions. Telerehabilitation is the delivery of rehabilitation services at a distance, using information and communication technology (telephone, internet-based videoconferencing, sensors and apps and virtual reality programs with clinical monitoring).

This Special Issue aims to inform improvements in the way telerehabilitation is delivered, advances in technologies, approaches to delivering telerehabilitation, changes in healthcare systems and environments, and cost-benefits of telerehabilitation.

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