



Problematic Eating Behaviour, Food Preferences, and Lifestyles until Early Adulthood

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submissions:
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Message from the Guest Editors

Dear Colleagues,

Eating habits during childhood and adolescence influence the individual's health and well-being throughout life. Being explained by a complex set of factors that change and interact dynamically, these habits need to be studied and understood in a comprehensive way. The foundations for food preferences start to define during the early stages of development and may either lead to a healthy relationship with food and eating or act as a trigger to problematic eating behavior, including feeding or eating disorders.

With this Special Issue of *Healthcare*, we intend to contribute to a broad understanding of problematic eating behavior among children and adolescents and its underlying factors. We encourage the submission of manuscripts based on both quantitative and qualitative approaches, from different cultures and contexts, and from authors with different backgrounds (e.g., nutrition and psychology). From food preferences and food choice to actual feeding and eating disorders, we are accepting original research and systematic reviews within this scope, namely manuscripts which may help to fill in the gaps in the knowledge on these themes.

