



## The Contribution of Health Education to Chronic Disease Management

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### Message from the Guest Editors

Educational interventions have been effective to improve outcomes in patients with chronic disease. Educational interventions, such as health education, telephone counseling, e-health support in terms of phone text message, web-based support or mobile applications could effectively improve the adherence to lifestyle modifications and improve physical and psychological outcomes. Supportive educational programmes to cancer patients and their caregivers could improve their physical, psychological wellbeing and quality of life. Given the prevalence of cardiometabolic disease and hypertension with the increasing trend in middle- age or early older adult, and the continuous increasing trend of cancer prevalence, timely professional support to self-health management to decrease the development of adverse health complications and cancer care in the community are crucial in health care.

This Special Issue invites original contributions on the use of health education in different modes and contexts to improve chronic disease management. We particularly encourage nursing or interdisciplinary research projects.





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## Message from the Editor-in-Chief

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