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Nutrition and the Socio-Environmental Context

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Message from the Guest Editor

According to the Centers for Disease Control (CDC), certain population groups may be more vulnerable to malnutrition due to a variety of social and environmental factors. These include the inability to purchase safe and nutritious food, illiteracy, poor access to quality healthcare, living/working in neighborhoods with high rates of crime, societal norms and policies causing discrimination, isolation, and stigma, and a lack of community-based resources and support. The synergistic effects of these conditions restrict their ability to make healthy food choices, ultimately predisposing them to an increased risk for one or more chronic nutrition-related diseases such as overweight/obesity, diabetes, heart disease, stroke, and cancer.



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Message from the Editor-in-Chief

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