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Pain Management in Healthcare Practice

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Message from the Guest Editor

People are suffering from acute or chronic pain due to work, diseases, etc. Pain is associated with significant physical and psychosocial incapacities, and interferes with people's daily and social activities. Persistent pain is associated with various adverse outcomes, including functional impairment, cognitive failure, depression, anxiety, falls, sleep and appetite disturbances, reduced social interaction and unnecessary healthcare use and expenditures.

Pain is usually inadequately managed. Analgesics remain the primary approach to pain management, but people worry about adverse drug reactions. Non-pharmacological strategies, including pain education programmes, exercise programmes, massage, relaxation therapies, cognitive-behavioural therapy, listening to music, visual stimulation and motivational interviewing, are becoming increasingly popular.

This Special Issue aims to serve as a platform for new scientific evidence on pain management in healthcare practice.



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Special Issue



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Message from the Editor-in-Chief

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