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Designing a Landscape for Better Mental Well-Being of Urban Forest Experiencers

Guest Editors:

Dr. Hongxu Wei

Northeast Institute of Geography
and Agroecology, Chinese
Academy of Sciences,
Changchun 130102, China

Prof. Dr. Richard Hauer

College of Natural Resources,
University of Wisconsin-Stevens
Point, Stevens Point, WI 54481,
USA

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Message from the Guest Editors

Dear Colleagues,

The ongoing global urbanization creates places for people surrounded by environments on built-up lands. Urban forests form a first interface for people to interact in this anthroposphere. Forest landscapes from downtown to remote rural areas are frequently designed by urban planners as a nature-based solution to cope with issues associated with a growing population. Urban residents and frequent city visitors experience urban stress, associated with countless mental pressures in their everyday lives. The COVID-19 pandemic has increased the stress levels of people worldwide. Urban forests present a way to improve mental health. Therefore, managing human well-being goals through urban forest landscapes is an important expansion from goals through to ecosystem services. Thus, the proposed Special Issue aims to expand the science behind the innocent enjoyment of scenic beauty to multiple functions that may bring well-being to experiencers. Practical solutions are needed to foster and improve mental well-being with landscape design at minimal cost.



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Special Issue



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Forests Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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