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## Functional Foods for Health—the Antioxidant and Anti-inflammatory Role of Fruits, Vegetables and Culinary Herbs

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### Message from the Guest Editors

Fruits and vegetables have been widely investigated due to their health-promoting potential. Likewise, culinary herbs have also been linked to a lower risk of the development of some diseases. These foods present exciting properties, mostly related to the antioxidant and anti-inflammatory actions of their components that may impact on the pathogenesis of different diseases such as cardiovascular, neurodegenerative, or cancer conditions. These beneficial effects have been related to their content in various bioactive compounds such as phytochemicals, polyphenols, vitamins, minerals, or organic acids.

For this Special Issue “Functional Foods for Health: The Antioxidant and Anti-Inflammatory Role of Fruits, Vegetables and Culinary Herbs”, we welcome papers that study functional foods and help to clarify the relationship between their consumption and beneficial health properties. We hope that this Special Issue will gather the most recent advances in the field, providing a useful tool for researchers and professionals in this area.

Deadline for manuscript  
submissions:

**closed (15 May 2023)**



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# Special Issue



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## Message from the Editor-in-Chief

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