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Development of Food Chemistry, Natural Products, and Nutrition Research

Guest Editors:

Prof. Dr. Antonello Santini

Department of Pharmacy,
University of Napoli Federico II,
Via D. Montesano 49, 80131
Napoli, Italy

Dr. Nicola Cicero

Department of Biomedical,
Dental, Morphological and
Functional Images Sciences
(BIOMORF), University of Messina,
Viale Annunziata, 98100 Messina,
Italy

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Message from the Guest Editors

Prevention and well-being are closely linked to the wrong lifestyle and dietary habits, which can determine the onset of illness. Some health conditions can be prevented and treated with the proper use of food, natural products, and nutraceuticals in daily diet. A nutraceutical can provide health beneficial effects, e.g., the prevention and/or, in some cases, the treatment of a disease. The key aspect is to define the range of possible uses for these new food–drugs and substantiate them using in vitro and in vivo clinical data that support the efficacy, safety, and possible health benefits. This Special Issue is dedicated to exploit the sources, chemistry, composition, formulation, use, experience in clinical use, mechanisms of action, and clinical data of nutraceuticals, natural products, and food, which represent a new frontier for therapy and also a valuable tool to reduce the costs of health care systems.



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Special Issue



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Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science,
Purdue University, West
Lafayette, IN, USA

2. Department of Comparative
Pathobiology (Courtesy), Purdue
University, West Lafayette, IN,
USA

Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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Contact Us

Foods Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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