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## Trends and Prospects in Novel Meat Products with Healthier Properties

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### Message from the Guest Editors

Dear Colleagues,

Meat products are an excellent source of high-biological-value proteins and have a high content of minerals, vitamins, and bioactive compounds. However, meat products contain compounds that can cause various adverse health effects and pose a serious health threat to humans. In this sense, this Special Issue of *Foods* is focused on current strategies to assist in the development of healthier meat products. Short communications, original research, and review articles are all welcome.

The potential topics are focused, but are not limited to, the following fields:

- Strategies to reduce sodium and animal fat in meat products.
- Strategies to make the lipid profile of meat products more nutritionally advantageous for human health.
- Strategies to reduce substances of safety concern in meat products like phosphates, nitrites, polycyclic aromatic hydrocarbons, heterocyclic aromatic amines, and products from lipid and protein oxidation.
- Strategies to incorporate bioactive compounds in meat products.

# Special Issue



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## Message from the Editor-in-Chief

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