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Ongoing Research on Microgreens: Nutritional Properties, Shelf-life, Sustainable Production, Innovative Growing and Processing Approaches

Guest Editors:

Prof. Dr. Vito Michele Paradiso

Department of Biological and Environmental Sciences and Technologies, Laboratory of Agri-Food Microbiology and Food Technologies, University of Salento, Via Monteroni, I-73100 Lecce, Italy

Dr. Massimiliano Renna

Institute of Sciences of Food Production, National Research Council of Italy, via Amendola 122/O, 70126 Bari, Italy

Deadline for manuscript submissions:

closed (30 April 2020)

Message from the Guest Editors

Dear Colleagues,

“Microgreens” is a marketing term used to describe young and tender edible seedlings harvested when the cotyledonary leaves have fully developed and the first true leaves emerge (usually 7–21 days after germination). Microgreens are gaining increasing interest as potential functional foods, due to their relevant contents of micronutrients and bioactive compounds. Several research themes need to be explored, e.g., nutritional potential and variability; effects of growing conditions on their nutritional profile; packaging and shelf-life of microgreens marketed on their own growing substrate; nutrient bioaccessibility and bioavailability; sensory profiling. This Special Issue intends to cover the state-of-the-art, recent progress and perspectives related to production, post-harvest, characterization, and potential of microgreens. All types of manuscripts (original research, reviews, short communications, letters to editor, and discussions) are welcome.

Dr. Vito Michele Paradiso

Dr. Massimiliano Renna

Guest Editors



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Special Issue



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Editor-in-Chief

Prof. Dr. Arun K. Bhunia

1. Department of Food Science,
Purdue University, West
Lafayette, IN, USA

2. Department of Comparative
Pathobiology (Courtesy), Purdue
University, West Lafayette, IN,
USA

Message from the Editor-in-Chief

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Foods Editorial Office
MDPI, St. Alban-Anlage 66
4052 Basel, Switzerland

Tel: +41 61 683 77 34
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