



*foods*



an Open Access Journal by MDPI

## Safety and Nutritional Quality of Mediterranean Food and Food Products—2nd Edition

Guest Editors:

**Dr. Ambrogina Albergamo**

Department of Biomedical,  
Dental, Morphological and  
Functional Images Sciences,  
University of Messina, Messina,  
Italy

**Prof. Dr. Giuseppa Di Bella**

Department of Biomedical and  
Dental Sciences and  
Morphofunctional Imaging,  
University of Messina, 98168  
Messina, Italy

Deadline for manuscript  
submissions:

**closed (1 May 2023)**

### Message from the Guest Editors

While focusing on cornerstones such as health and well-being, circularity and sustainability, the Mediterranean diet (MD) has been constantly recreated by communities in response to changes in their environment and history, to better suit the current availability of food supplies, nutritional needs, and eating habits.

Consequently, the pyramid of the Mediterranean eating pattern had to change to adapt to a world where undernutrition and food globalization together impose a significant burden on human health and wellbeing, and constant efforts are required to ensure the human race benefits from this complex network of food-associated habits that began in ancient times as a mixture of lifestyle and culture and which ended up as an emerging medical prescription for human health and a model for preserving the environment and its biodiversity.

Hence, we welcome submissions that emphasize the multidisciplinary evidence of the MD, including those dealing with safety and quality of traditional and novel products; those addressing their nutritional value, in terms of genome, transcriptome, or metabolome of phenotypes; and consumer lifestyles and behaviors related to the MD.



[mdpi.com/si/121957](https://mdpi.com/si/121957)

# Special Issue



*foods*



an Open Access Journal by MDPI

## Editor-in-Chief

### **Prof. Dr. Arun K. Bhunia**

1. Department of Food Science,  
Purdue University, West  
Lafayette, IN, USA

2. Department of Comparative  
Pathobiology (Courtesy), Purdue  
University, West Lafayette, IN,  
USA

## Message from the Editor-in-Chief

*Foods* (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

## Author Benefits

**Open Access:** free for readers, with [article processing charges \(APC\)](#) paid by authors or their institutions.

**High Visibility:** indexed within [Scopus](#), [SCIE \(Web of Science\)](#), [PubMed](#), [PMC](#), [FSTA](#), [AGRIS](#), [PubAg](#), and [other databases](#).

**Journal Rank:** JCR - Q1 (*Food Science & Technology*) / CiteScore - Q1 (*Health Professions (miscellaneous)*)

## Contact Us

---

*Foods* Editorial Office  
MDPI, St. Alban-Anlage 66  
4052 Basel, Switzerland

Tel: +41 61 683 77 34  
[www.mdpi.com](http://www.mdpi.com)

[mdpi.com/journal/foods](http://mdpi.com/journal/foods)  
[foods@mdpi.com](mailto:foods@mdpi.com)  
X@Foods\_MDPI