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## Safety and Nutritional Quality of Mediterranean Food and Food Products

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submissions:

**closed (10 March 2022)**

### Message from the Guest Editors

The Mediterranean diet represents the heritage of millennia of exchanges of people, cultures, and foods of all countries around the Mediterranean basin. It has long been the basis of food habits in the populations that originally relied on the Mediterranean pyramid model, and it is currently advancing into modern society, opposing the equally increasing globalization of (unhealthy) food behaviours. Considering the acknowledgment of the Mediterranean diet as an Intangible Cultural Heritage of Humanity by UNESCO and its contribution to the health and well-being of consumers, this Special Issue aims to highlight the added value of traditional foods linked to a given Mediterranean region or locality as well as (novel) food products derived from natural Mediterranean sources.

Hence, original works and reviews on Mediterranean food and derived products are welcomed.



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# Special Issue



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## Editor-in-Chief

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## Message from the Editor-in-Chief

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