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## Determination and Assessment of Macro, Trace Elements and Toxic Heavy Metal Content in Foods: 2nd Volume

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### Message from the Guest Editor

Currently, the relationship between exposure to contaminants in humans and food is unquestionable. Therefore, monitoring the presence of these pollutants throughout the food chain is, today, of great importance for the health of the population. Heavy metals, macroelements, microelements and trace elements continue to be among the most important pollutants for human health. We are what we eat and therefore, continuous monitoring of compliance with the laws in force in each country, it must be one of the primary objectives of the authorities and scientists in our area of work. However, we cannot forget that due to the behavior as hormetins of many of the macroelements and trace elements that we study, it is also important to determine the contribution to the recommended daily doses of these elements to verify that there is no possibility of imbalance. in the concentrations of these elements in humans could affect our health. Our goal is to help improve the knowledge that these pollutants in our trophic chain.



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# Special Issue



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