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Elements in Food: Detection, Bioaccessibility and Food Fortification

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submissions:

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Message from the Guest Editors

Dear Colleagues,

This Special Issue welcomes original research papers, review articles, and methodological studies covering, but not limited to, the following topics:

Elemental Analysis Techniques: novel methods for the accurate detection and quantification of essential and toxic elements in various food matrices.

Bioaccessibility Studies: investigations on the bioavailability and bioaccessibility of elements in different food sources and their implications on human health.

Nutritional Impact: studies highlighting the role of elements in food and their impact on human nutrition and well-being.

Food Fortification Strategies: research on the development and assessment of fortified foods to combat micronutrient deficiencies and improve public health.

Toxicity and Safety: assessments of potential hazards associated with excessive intake of certain elements in food and strategies to mitigate risks.

Dietary Guidelines: contributions discussing the incorporation of elemental components in dietary guidelines and recommendations.



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Special Issue



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Message from the Editor-in-Chief

Foods (ISSN 2304-8158) is an open access and peer reviewed scientific journal that publishes original articles, critical reviews, case reports, and short communications on food science. Articles are released monthly online, with unlimited free access. Currently, *Foods* has been indexed by the Science Citation Index Expanded (SCIE - Web of Science), PubMed, and Scopus. Our aim is to encourage scientists, researchers, and other food professionals to publish their experimental and theoretical results as much detail as possible. We therefore invite you to be one of our authors, and in doing so share your important research findings with the global food science community.

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