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## Gluten-Free Food and Celiac Disease

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Deadline for manuscript  
submissions:

**closed (10 July 2023)**

### Message from the Guest Editors

The only treatment for celiac disease (CD) is to follow a strict gluten-free diet throughout life. This could be due to the differences observed in the nutritional composition of gluten-free products when comparing to their homologues containing gluten. In addition, in the classic form of CD, gastrointestinal symptoms caused by the ingestion of gluten predominate. It could be assumed that the elimination of this protein from the diet leads to the total remission of symptoms; however, some patients continue to suffer from symptoms even when following a strict gluten-free diet.

On the other hand, celiac people sometimes feels misunderstood by society, which makes it necessitates the provision of information to both the celiac collective and their wider community, for a complete social inclusion of celiac people.

This Special Issue will include research works aims to improve the quality of life of celiac people from dietary interventions, the nutritional composition of gluten-free foods, and nutritional education among celiac people and their environment. It also aims to monitor dietary adherence and search for possible causes of their symptomatology.



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# Special Issue



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